



## Interpersonal Excellence

Identify the key stakeholders for your missions

Build appropriate network strategies

Have a constructive impact on other people

### Who can benefit:

- Functional managers
- Project manager
- Executives

### If you want to...

- **Build** the right relationship networks to further your professional aims.
- **Build** effective relationships.
- **Influence** your colleagues positively and effectively.
- **Cooperate** rather than confront.

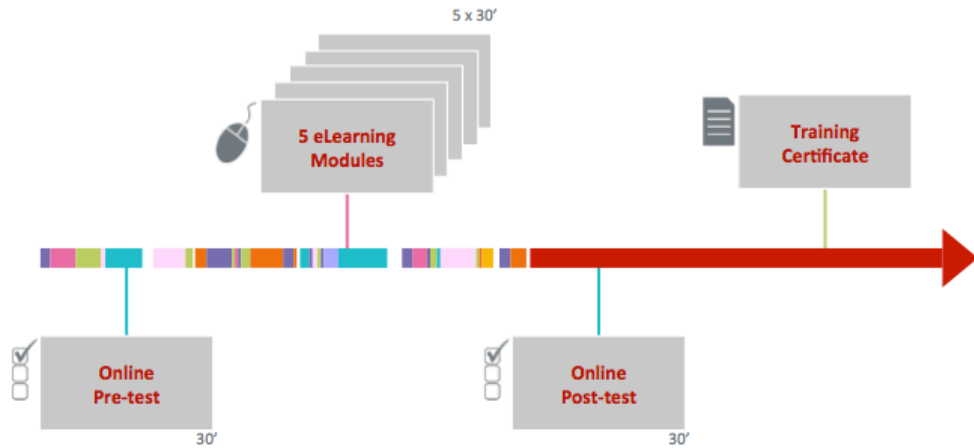
**...Then this course is for you.**

## Model which guided the course design



- 1) **Build** your network strategy
- 2) **Develop** your personal qualities
- 3) **Build** effective relationships

## Your training path



## Knowledge self-assessment

### The three pillars of interpersonal excellence

#### eLearning module 1

- The three pillars of interpersonal excellence.
- Building your network strategy.
- Engaging your personal qualities.
- Developing effective relationships.

### Developing an interpersonal communication strategy

#### eLearning module 2

- Creating your network map.
- Adapting your level of influence.
- Defining precise objectives.

## Your training path (continued)

### Knowing yourself better to communicate better

#### eLearning module 3

- The four main attitudes in interpersonal relationships.
- Limiting your ineffective actions.
- Engaging your values system.
- Inspiring confidence among your colleagues.

### Three routes to good communication

#### eLearning module 4

- Tuning your non-verbal communication.
- Communicating openly.
- The five levels of listening.

### 3 essential levers for building a winning cooperation

#### eLearning module 5

- Winning through cooperation.
- Identifying your cooperation margin with each individual.
- Main obstacles to cooperation.

### Progress self-assessment

### Personalized support throughout your course

- You can track your progress through the course on the web platform
- A technical hotline is available weekdays to make sure your course runs smoothly: [elearning@cegos.ch](mailto:elearning@cegos.ch)

### Evaluation and Certification

#### Evaluation

##### Online pre-test: diagnostic evaluation before the eLearning modules

- 10 random questions from all the eLearning modules to diagnose previous knowledge. Can only be taken once. Results do not count.

##### Online post-test: final evaluation after the eLearning modules

- 10 random questions from all the eLearning modules to assess the achievement of the learning outcomes. Can be taken many times and records the best score.

#### Certification

In order to obtain your training certificate, you must complete all the eLearning modules and obtain **a score of at least 80%** on the online post-test.

